

BRIDGE *of the Gods* HALF MARATHON, 10K & 5K

2025 Race Guide

AUGUST 2-3 - CASCADE LOCKS, OR



Welcome to the 2025 Bridge of the Gods Half Marathon, 10K, and Twilight 5K!

It's a two-state adventure! All three races begin on the Washington side of the Bridge of the Gods, cross the breathtaking Columbia River, and finish on the Oregon side in Cascade Locks. As a participant, you'll enjoy sweeping views from the bridge itself—right beneath your feet—sure to get your heart racing even before the first mile!

For the latest updates and any last-minute event information, be sure to “like” our Facebook page: facebook.com/bridgeofthegodshalfmarathon.

Please read this guide carefully—it includes most everything you need to make the most of your race weekend. If you have any questions, please reach out to Anne at info@breakawaypro.com. From all of us at Breakaway Promotions, thank you for joining us. We can't wait to cheer you on at the start line!



We and our volunteers can't wait to meet you at one of our packet pick-ups!

Some tips:

- If you want to **avoid the long early morning lines**, come to our Friday or Saturday option!
- Along with a cool tech tee and your bib plate you will receive a **gear bag**. Use it to discard extra clothing you might want at the cool **Sunday** morning start but will not run in (no gear check for the Twilight 5K). We will transport them to the finish area for you. There is an extra tab on your bib to label your bag - make sure to check out the example at packet pick up.
- Aid stations take a long time to return to the finish, so plan on waiting a while if you choose to abandon items at aid stations.
- **Dogs are NOT allowed on the course**. This is not a dog-friendly course. If you'd like to have your pup run with you, check out our Columbia Gorge Half Marathon & Dog run. Leashed dogs are allowed in expo and camping area, **NOT ON COURSE**. You must clean up after your pup!
- **Picking up for a friend?** Show us a note from your friend stating you are allowed to pick up their packet (text, email, or written note works!).
- **Breakaway staff will be on hand** to answer any questions!

Friday, August 1st:

- 3 PM - 6 PM: Packet Pickup
 - Foot Traffic Southeast Portland, 1260 SE Lambert Street, Suite 101, Portland

Saturday, August 2nd:

- 2 PM - 6 PM: Packet Pickup
 - Marine Park Pavilion, 355 Wa Na Pa St, Cascade Locks

Sunday, August 3rd:

- 6 AM - 7:45 AM: Packet Pickup
- South Entrance to Marine Park, 300 Wa Na Pa St, Cascade Locks

Saturday, August 2nd:

- Packet Pickup, Marine Park Pavilion, 2 PM – 6 PM
- Kids' Community 1K
 - Free for children 12 and under.
 - 2–3:30 PM: Registration at Marine Park packet pickup.
 - Run Start 4 PM, Marine Park
- Twilight 5K
 - 4:30–6:00 PM: shuttles to start on the Washington side of the bridge. Details on page 7.
 - 6:30: Race start. Details on page 11.
- Thunder Island Music Festival:
 - 6 – 8:30 PM plus beer garden (and BBQ for 5K participants).



Sunday, August 3rd:

- 5:30 AM – 7:30 AM: Thunder Island Brewing Breakfast fundraiser for Cascade Locks school. Details on page 6.
- 6 AM – 7:45 AM: Packet Pickup, South Entrance to Marine Park, 300 Wa Na Pa St, Cascade Locks
- 6:15 AM – 7:45 AM: Shuttle Buses. Details on page 7.
- Start Line- Race Start Times
 - 8:05 AM: Half Marathon
 - 8:35 AM: 10K
 - **Walkers welcomed and celebrated! 5-hour half-marathon cut-off time (maintain a 22:54-minute half-marathon pace)**
- 10:30 AM: Post Event Lunch Opens
- 11:00 AM: 10K Run Awards
- 11:30 AM: Half Marathon Run Awards
- 1:30 PM: Catering Closes
- 2:00 PM: Finish Line Closes



Race Day Breakfast – Powered by Thunder Island Brewing!

A huge thank-you to Dave and Caroline, owners of **Thunder Island Brewing**, who are once again hosting our race day breakfast!

It's the perfect way to fuel your race day while supporting a great cause. Proceeds benefit **Cascade Locks public school** and their after-school programs.

Whether you're camping nearby or arriving early, come enjoy a delicious breakfast of pancakes, fresh fruit, and coffee—all for just \$10 per person, or grab a cup of coffee for \$2.

Breakfast is served from 5:30–7:30 AM next to the packet pick up on 300 SW Wa Na Pa Street, next to Sunday's packet pickup. Join us in the spirit of community, good food, and the great outdoors!

Limited Pre-Purchase Tickets Available on
[RunReg Here](#)



Sunday, August 3rd, 2025
5:30 AM - 7:30 AM
300 SW WaNaPa Street
Cascade Locks, Oregon 97104
(Cascade Locks Elementary sports field)



Participants are prohibited from walking across the bridge to the start.

Shuttle buses transport runners from near 300 SW Wa Na Pa Street/packet pickup area to the start on the Washington State side of the Columbia River.

Saturday Twilight 5k shuttle:

- 4:30 PM – 6:00 PM
- See parking information on next page.

Sunday half marathon and 10k shuttles:

- Shuttles run from 6:15 AM – 7:45 AM.
- We strongly encourage you to hop on a shuttle between 6:15 AM and 6:45 AM. Later buses will be fuller!

The benefits of arriving to Sunday's start early:

- Amazing views of the bridge, river, and gorge from the interpretive center at the start.
- Breakfast bars, fruit, gatorade and water provided for last minute refueling.
- Pump-Up Race music (starting at 7am).
- Bag check (use your gear bag received at packet pick up) is available to check in clothing, water bottle, etc. You will pick it up at the finish!
- SO MANY porta-potties!

There is **NO PARKING permitted at or anywhere near the start** – drivers may drop runners off (though we **STRONGLY** discourage this) and quickly exit the area and park back on the Oregon side in Cascade Locks. Taking the big yellow school bus is part of the BOG experience...and it's toll-free!

Be aware that there is a toll in both directions to cross the bridge.

CASCADE LOCKS SCHOOL / MARINE PARK

Parking in Cascade Locks is very limited so it is critical that we have everyone's cooperation when finding parking on race morning. Please follow the directions of our parking attendants wearing yellow vests.

- We will first direct runners to park at Marine Park.
- Overflow parking will be at Cascade Locks School.

Runners will be picked up on Wa Na Pa Street, the main street in town. **You may NOT drive down into the park after 8 AM. The road under the railroad is extremely narrow.** We must keep runners safe and allow locals and tourists access to the businesses and port campground. Please be respectful of local businesses and do not park outside of these two designated spots.

SPECTATORS

The majority of the course is a narrow trail that is closed to vehicular traffic.

The Half Marathon is best viewed from Tooth Rock Trailhead where you'll see runners before and after they hit the turnaround. Oregon State Parks has AMple parking available at this location.

Join us at the finish line area. Park your vehicle on the main city street, WaNaPa St. **Do NOT drive down the narrow roadway into the park.** It must remain clear for the safety of our runners sprinting to the finish line!

We are pleased to provide camping areas for the Bridge of the Gods Run through The partnerships and generosity of the Port of Cascade Locks and Cascade Locks School.

Camping Registration

If you pre-purchased camping with registration,

- Each site may have up to 4 people.
- If you signed up in advance simply give your name to the Camping Registration Tent attendant to get setup. We are limited on space so it is encouraged that you sign up in advance.
- The camping check-in booth for all camping is located next to the pedestrian bridge over to Thunder Island.

Check-In / Check-Out

You may check in and set up your campsite starting at 5 PM on Friday, Noon on Saturday. The camping registration tent closes at 7 PM both Friday and Saturday, so please make sure you check in by then. You must be loaded and your area cleaned by 3 PM on Sunday. Leave it as you found it!

Please note that the hand carts are available.

Rules

Camping was only made possible by the incredible generosity of the Port of Cascade Locks and Cascade Locks School. Leave your sites in the same condition as you found them. Remove all trash around your area and all camping equipment. **There are positively, absolutely, no campfires at any of the camping locations.** Cook stoves are permitted.

Anyone caught camping without signing up and paying the fee will be disqualified from the race. This is a fundraiser for the Cascade Locks School. ALL proceeds go to help with school supplies and after-school programs. ALL proceeds for the camping on Thunder Island go to supporting Marine Park maintenance and improvements.

Leashed dogs are allowed in expo and camping area, NOT ON COURSE. You must clean up after your pup!



Kids' Community 1K

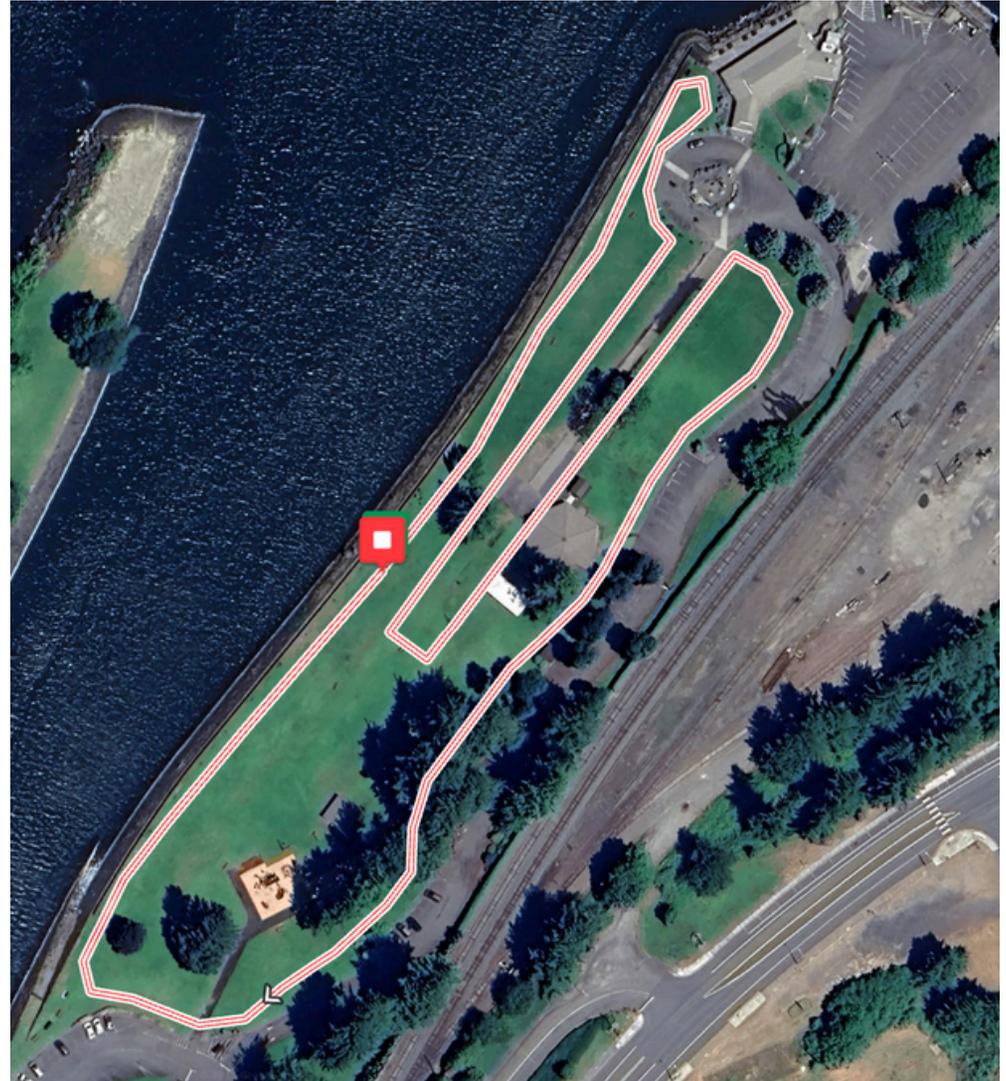
Free for children 12 and under.

Registration for the Kids race is 2–3:30 PM at packet pickup.

Run Start 4 PM, Marine Park

Kids receive a Bridge of the Gods Finishers medal, race number, and snacks. This is a fun run, not a timed race.

[GPS MAP >](#)



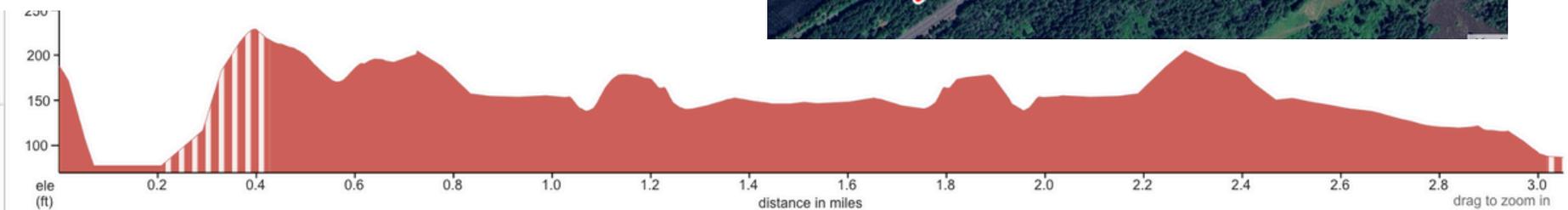
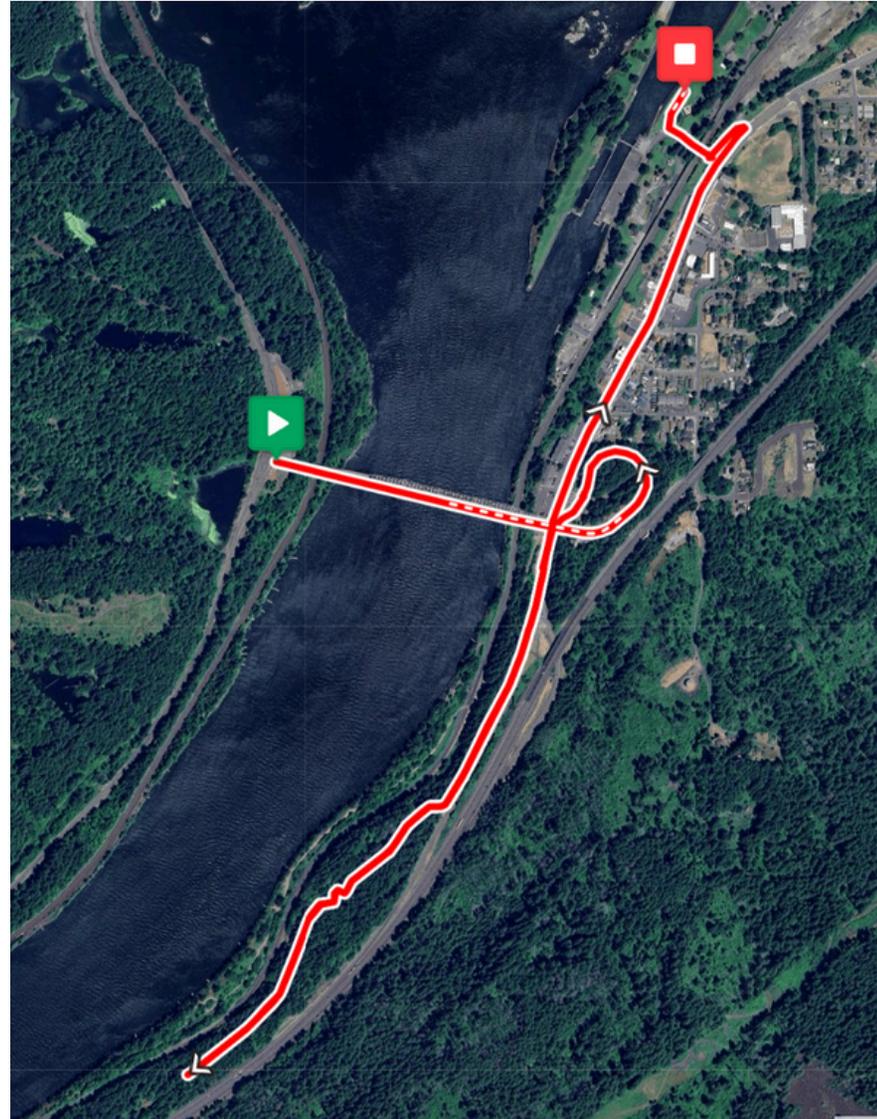


Twilight 5K

Twilight 5K, 6:30 PM- Cross the Bridge of the Gods at sunset and finish while enjoying the Thunder Island Music Festival.

BBO & a beer garden will be available. All race participants will receive a meal ticket on their race bib.

GPS MAP >



10K COURSE

Mile: 6.2 miles

Total Elevation: 270 feet

Largest Hill: 5% grade

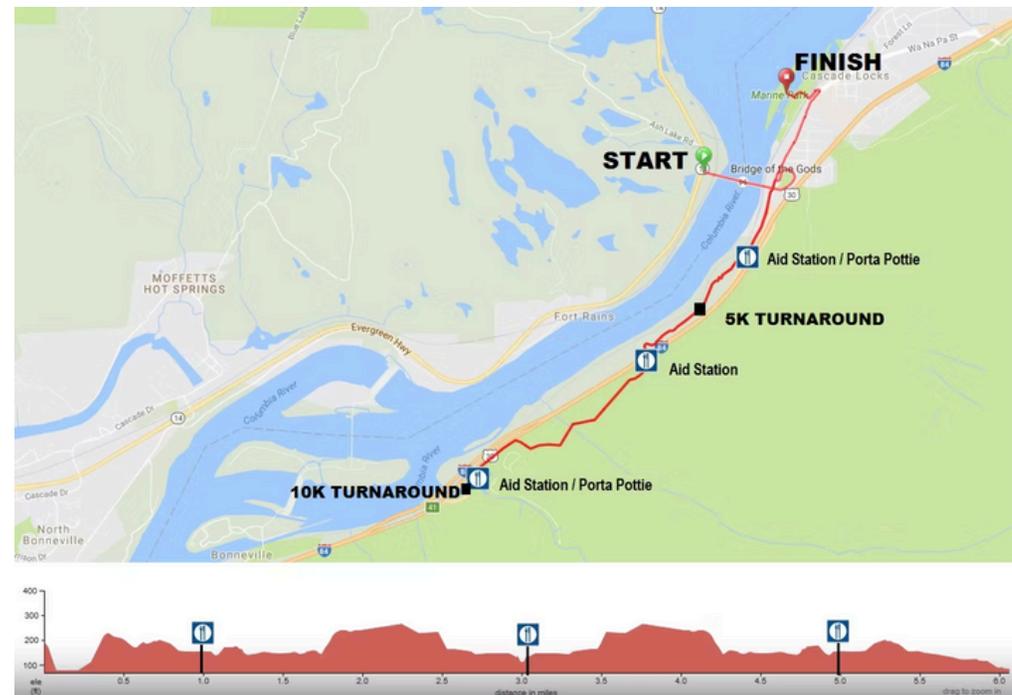
Aid Stations: 5

Surface: 100% paved



At 8:35 AM, 10K runners start by leaving Washington, heading over the historic Bridge of the Gods and taking in sweeping views of the Columbia River and the foothills of the Cascades.

Runners stay cool on warm summer days by crossing creeks along 4 bridges running on a paved path under a thick shaded canopy in an old-growth forest.



HALF MARATHON COURSE

Mile: 13.1 miles

Total Elevation: 1,057 feet

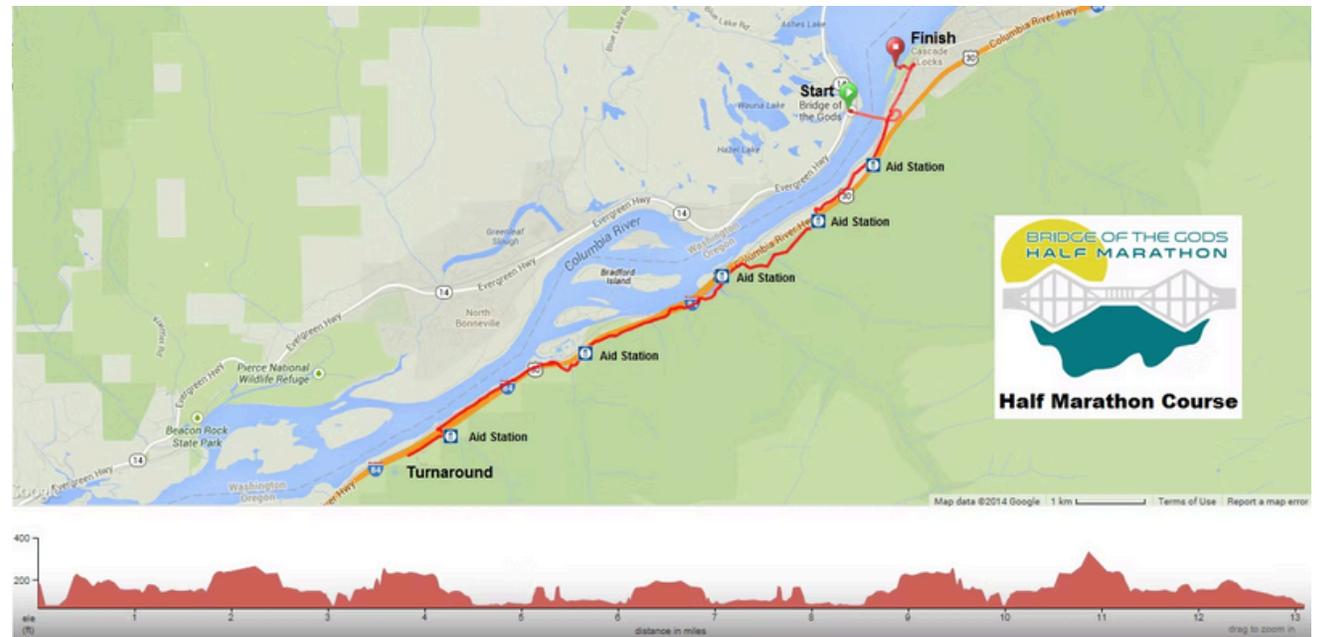
Largest Hill: 5% grade

Aid Stations: 9

Surface: 100% paved

At 8:05 AM Half Marathon runners start across the scenic Bridge of the Gods, taking in AMazing views down the river and the roaring Columbia directly under foot.

Runners come off the bridge, pass through town quickly and from then on are on the safe, closed, paved trail of the Old Hwy until they reach the turn around at Moffett Creek.



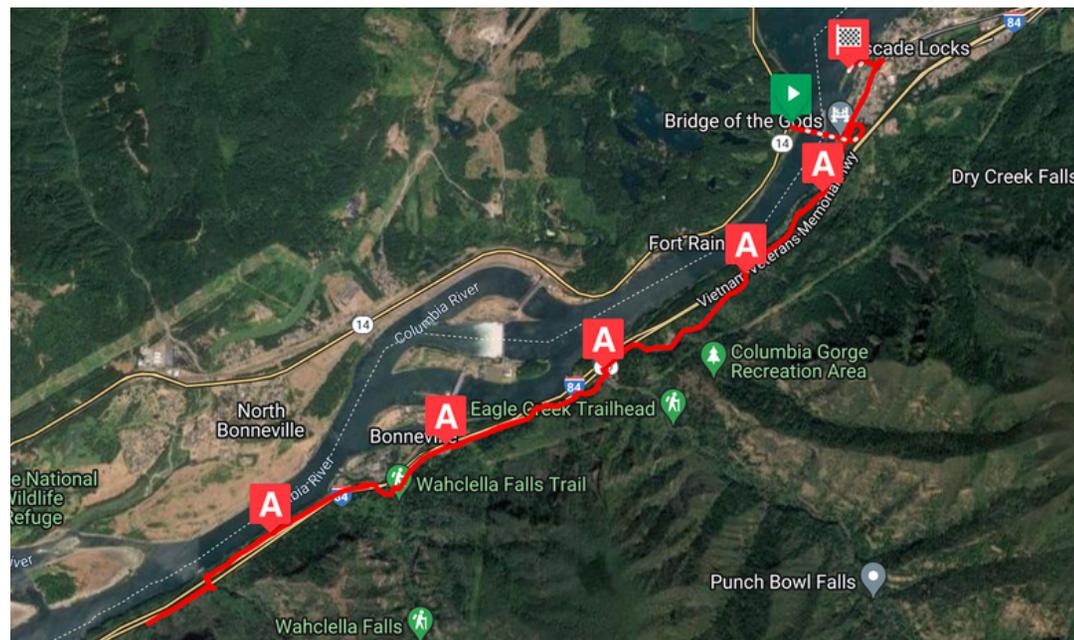
The Twilight 5K has 2 aid stations.

The Half Marathon has 5 Aid Stations and the 10K has 3 Aid Stations, all spaced every 1.0–2 miles along the course. Runners pass each station twice (the courses are out and back).

Aid stations will have water Gatorade, bananas, and GU products.

There are dozens of Port-a-Potties at the race start in Washington and near the Race Finish Area at the pedestrian bridge before crossing to Thunder Island.

Aid Stations 1, 3, and 4 have Port-a-Potties, so 10K runners will have 5 opportunities and Half Marathon runners 6 opportunities.



Post-Run Celebration & Awards

Bring your appetite as Spin Catering will be cooking up an awesome lunch for all of the runners! The menu will have something for almost every dietary need.

- Pulled Pork
- Korean chicken
- Yakisoba with veggies
- Tropical rice salad
- Mac salad
- Mixed green salad
- Rolls
- Vegan/ vegetarian:
- Tofu stir fry
- Cookies

Limited food tickets available for general public. Pre-purchase Saturday BBQ or Sunday Lunch tickets for your family and friends on RunReg [here](#).



Award Categories



Top 3 Men/Women in the following categories will receive awards.

- Overall Half Marathon
- Overall 10K
- Age Group Categories: Under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Winners must be present to receive award or have a friend to receive on their behalf.

Awards will not be mailed after the event.

Please note that participants registered in walking categories will be timed but this is not intended to be race walking competitions. No awards will be presented for walking categories.

Thunder Island Brewing Company will be pouring local beers and serving up food for non-runners.



Food: \$15

- Pulled port or chicken

Beer: \$5

- Bridge of the Gods "BogLag" Lager,
- Ya Ya Ee Juicy IPA,
- Local Hard Cider Option

N/A Sodas available: \$2

MUST HAVE ID to order a beer.

Special Celebratory Beer Discount
\$3 finish line beer for runners!
Must have ID and race bib.

